Teaching Materials available to your school to support drug education

K-6 Drug Education Resource (DET)
Curriculum materials in easy to use format to support drug education within the PDHPE syllabus.
Highly recommended. Order: DET

Primary Steps (Bui)
Educating 5-14 year olds about drugs. Also excellent for promoting parent participation.
Highly recommended. Order: ADF

The Next Step II (Bellhouse, Munro)
A follow-on from the above primary resource.
Highly recommended. Order: ADF

Heart Masters
(Fuller, Bellhouse, Johnston)
Middle to Senior Primary
A programme for the promotion of emotional intelligence and building resilience.
Recommended. Order: ADF

Mind Matters
A mental health programme for secondary schools. Includes material suitable for classes and material designed to assist with the development of school policies on mental health.
Order: Curriculum Corporation

Drugs - Just the Facts (DET)
A handy ready reference with information on legal and illegal drugs.
Order: DET

Drugs and Your Teenage (Pain and Beauty)
An excellent parental resource with a simple message; ‘Be informed and prepared’.
Order: ADF

Guidelines to Support the Development of School-Based Drug Education Policies and Practices (CEC)

Support Options

Information Websites
Australian Drug Foundation
www.adf.org.au
Centre for Education & Information on Drugs and Alcohol (CEIDA)
www.ceida.net.au
National School Drug Education Strategy (NSDES)
www.nsdes.nsw.edu.au
Catholic Education Commission
www.cecsnsw.catholic.edu.au

Australian Drug Information Network
www.adin.com.au
Youth Agencies
Reach Out
www.reachout.com.au
The website of the NSW component of the National School Drug Education Strategy
Kids Help Line: 1 800 551 800
A national telephone counselling service for young people aged 5 to 18 years

Ordering Resources
Department of Education (DET)
Fax: 9793 3242
Australian Drug Foundation (ADF)
www.adf.org.au
Curriculum Corporation
Fax: 9639 1616

CSO Support
Paul Thornton (Educational Consultant)
ph: 7772 7398
Wendy Waane (Curriculum Advisor)
ph: 7772 7398
Sr Pat Bartley (Diocesan Counsellor)
ph: 7672 1763
School Counsellor, O’Connor College
ph: 7772 1866
School Counsellor, McCarthy College
ph: 7611 8676
Tamworth Centacare
ph: 7672 1763

Drug and Alcohol Counsellors
Armidale Dependency Resource Unit
ph: 7776 4738
Armidale Aboriginal Medical Service
ph: 7771 1344
Moree Community Health
ph: 6757 3632
Tamworth Drug & Alcohol Service
ph: 6768 3365
Walgett Aboriginal Medical Service
ph: 6828 1611
Alcohol & Drug Information Service
1 800 422 599
Bay Thorne Substance Misuse Centre
(Moree) 6752 2248
Quintline 131 848
Teen Challenge 1 300 889 288

Produced by the Catholic Schools Office, Armidale with assistance from the Catholic Education Commission and funded through the NSW National Schools Drug Education Strategy, a Federal Government Initiative. Issued November 2001.